



Helping Carers Care

*For anyone who helps  
look after a relative or friend*

## **WAKEFIELD CARERS GROUP**

*Come along for a coffee and a chat*

Meetings are held on:  
**the last Thursday of each month**  
at:  
**10.30am - 12.00 noon**  
at:

**Carers Wakefield & District  
25 King Street , Wakefield  
Tel: (01924) 305544**



Refreshments provided free  
and occasionally activities & speakers

Wakefield & District Carers Association  
is a Company Limited by Guarantee Registered in England No. 3143673  
Charity No. 1053295

October 2008



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