



Helping Carers Care

*For anyone who helps  
look after a relative or friend*

## **PONTEFRACT CARERS GROUP**

*Come along for a coffee and a chat*

Meetings are held on:  
**the 2nd Tuesday of each month**

at:

**10.30am - 12.00 noon**

at:

**Baileygate Court  
Sheltered Housing Complex  
North Baileygate, Pontefract**



For more information telephone:  
**(01924) 305544**

Wakefield & District Carers Association  
is a Company Limited by Guarantee Registered in England No. 3143673  
Charity No. 1053295

February 2012



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