

Other Information

You probably already know how you want to take your break. However Carers Wakefield & District is constantly updating its information on breaks, training and possible other ideas.... and if we don't have it we'll find out for you.



**For more information
or to request an
application pack,**



Carers Breaks & Support

**you can contact us
or drop-in at our offices -
details on the front
of this leaflet.**

Registered Charity No. 1053295
A Company Limited by Guarantee registered in England No. 3143673

Funded
by

wakefieldcouncil
working for you

Like to know more

If you would like to be kept informed of any other schemes, events or activities, please complete this tear-off slip and return it to us and we will add your name to our List of Members (there is no membership fee).

Name.....

Address.....

.....

.....

Post Code.....

Telephone.....

My G.P. Surgery.....

.....

My Signature.....

I am a carer

I work with carers

Please return to:

**Carers Wakefield & District
FREEPOST NEA 8632
25 King Street
Wakefield
WF1 2BR**



Helping Carers Care

Are you a carer?

**Up to £100 a year
to help you get away
and unwind**



Carers Breaks & Support

**Get in touch and
we will send you an
application pack**

**25 King Street, Wakefield WF1 2SR
Telephone: (01924) 362737
E-mail: info@carerswakefield.org.uk
Website: www.carerswakefield.org.uk**

What is it?

Funded from the government's Carer Grant, My Time provides support to carers to help get a break from caring.

Essentially it is up to you, the carer, to decide what would give you a break, it may be a holiday, a weekend break, a college course, a social evening or maybe even learning to drive to ultimately make your caring responsibilities that bit easier.

We are open to hearing your ideas but it must be a bona-fide break from caring.

Support is available up to a maximum of £100 per carer each year (April - March). Funds are limited and priority will be given to first time applications.

Who is it for?

A carer is anyone who is looking after a relative, friend or neighbour, on an unpaid basis, and providing substantial and regular support (practical and/or emotional) for an average of at least 35 hours a week.

The scheme is for carers of any age or sex from all backgrounds and cultures.

Will I qualify?

Applicants must have been caring for at least 12 months and be resident within the Wakefield MDC area.

The scheme is also open to former carers whose caring role ceased within the last 12 months.

Although there are other rules and eligibility criteria, (full details of which will be sent out with the application form) if you feel that you fit the picture outlined here then it is worth requesting an information pack.

How do I apply?

Application forms are available from our office in King Street, (to where they should also be returned), and can be requested in person, by phone, post or e-mail.

Applications will be reviewed on a monthly basis and must be received by the 15th of each month.

What else must I do?

All applications must be verified by a professional e.g. doctor, social worker, who is aware of your caring situation. That person **will be contacted** before any money is released.

A quote or breakdown of costs **will also be required from the break provider.**

When will I know if I have been successful?

If your application is received by the deadline then you can expect to hear the outcome, together with payment if you are successful, by the end of the month. However you must ensure that the application form is completed in full, and that we will be able to contact the professional verifier.

You should also bear in mind that valid applications will be awarded in order of date received. However you can specify that you want your application to 'roll-over' to the following month if you are not immediately successful.

You should therefore **not** make any firm bookings on the assumption that you will be successful. Carers are allowed 6 months in which to take up the service from the time it is awarded before it must be returned if not used.

Once I have received an award

Carers must complete a brief feedback questionnaire and provide receipts of how the money has been spent. Failure to do so automatically rules out any future applications.