



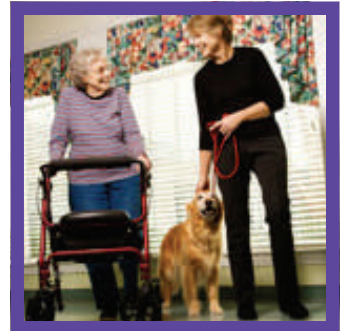
# Carers

Wakefield & District

**Do you provide unpaid practical or emotional help to a relative, child or friend who has a long term health condition, is ill, has a disability or mental health issue?**

Would you like:

- \* ***SOMEONE TO TALK TO***
- \* ***A LISTENING EAR***
- \* ***INFORMATION***
- \* ***SUPPORT***
- \* ***ADVICE***
- \* ***ADVOCACY***



*For an informal chat contact us on:*

Tel: **(01924) 305544**

E-mail: **info@carerswakefield.org.uk**

Website: **www.carerswakefield.org.uk**

*or call in to:*

**25 King Street, Wakefield WF1 2SR**

***Alternatively a Support Worker will visit you at home***