

Do you provide unpaid practical or emotional help to a relative, child or friend who has a long term health condition, is ill, has a disability or mental health issue?

Would you like:

- * ***SOMEONE TO TALK TO***
- * ***A LISTENING EAR***
- * ***INFORMATION***
- * ***SUPPORT***
- * ***ADVICE***
- * ***ADVOCACY***



For an informal chat contact us on:

Tel: **(01924) 305544**

E-mail: **info@carerswakefield.org.uk**

Website: **www.carerswakefield.org.uk**

or call in to:

25 King Street, Wakefield WF1 2SR

Alternatively a Support Worker will visit you at home